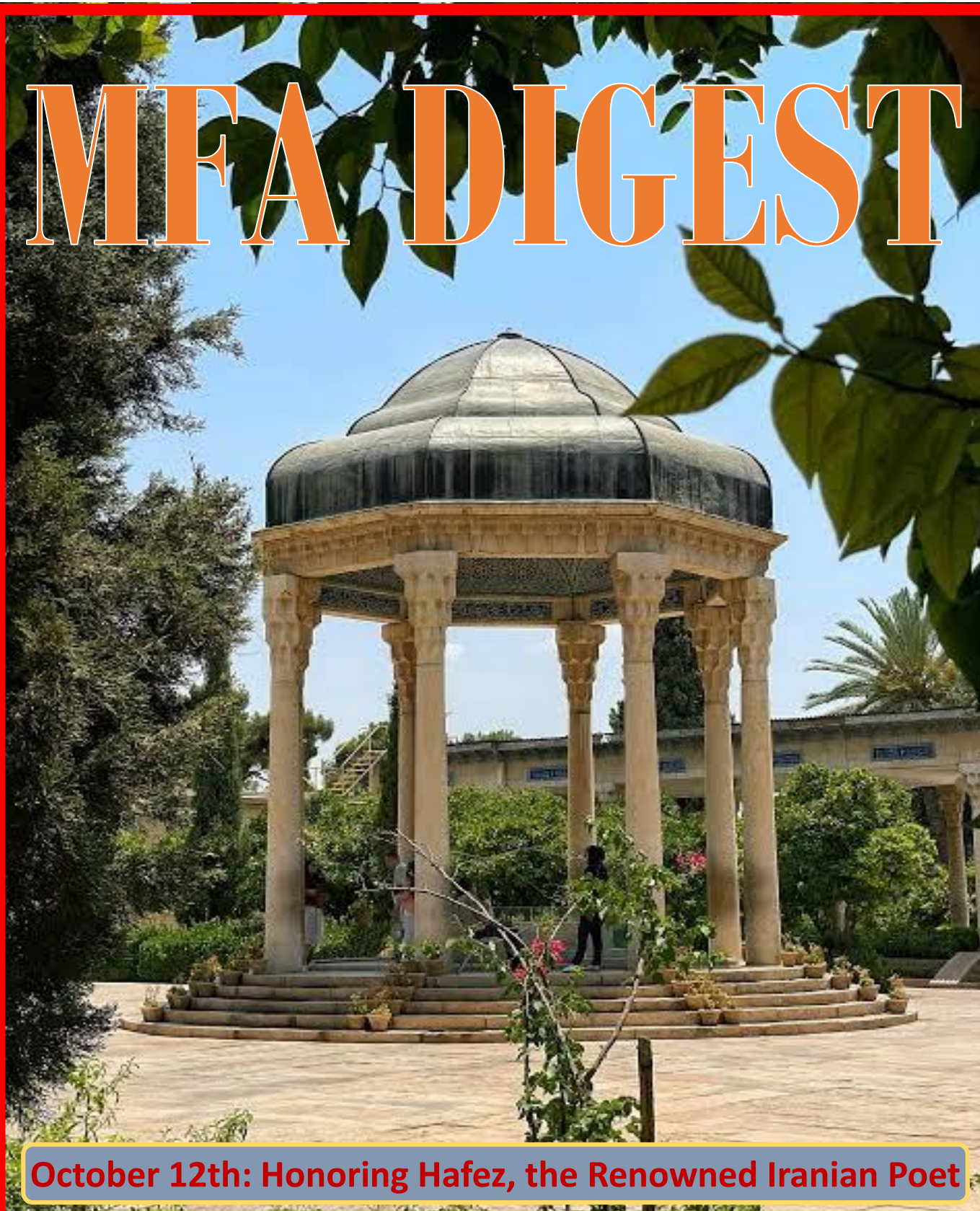




Islamic Republic of Iran
Ministry of Foreign Affairs
Center for Public Diplomacy

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MFA DIGEST



October 12th: Honoring Hafez, the Renowned Iranian Poet

MFA News

Iran's FM in Telephone Talks

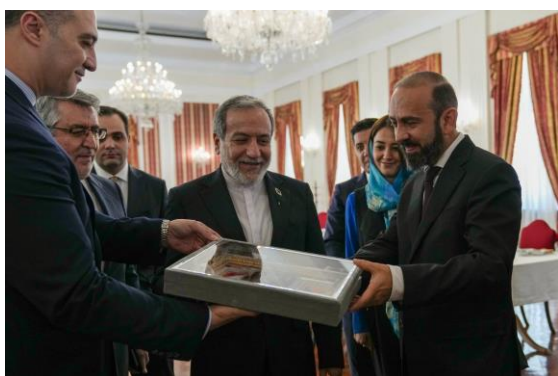
FM Araghchi held telephone conversations with his counterparts from Japan, Armenia, Saudi Arabia, Iraq, Egypt, Turkiye and Oman.



Meeting of ambassadors, heads of foreign diplomatic missions, and offices of international organizations based in Tehran with Minister of Foreign Affairs of the Islamic Republic of Iran



Meeting between Seyed Abbas Araghchi and Ararat Mirzoyan, Foreign Ministers of the Islamic Republic of Iran and the Republic of Armenia



Meeting of new ambassadors from Germany, Portugal, Turkiye, Cyprus and Nigeria to the Islamic Republic with Foreign Minister Seyed Abbas Araghchi and the presentation of copies of their credentials





Science & Tech



Iran's team wins Intl. Olympiad on Astronomy, Astrophysics



Islamic Republic of Iran's student team won the 19th International Olympiad on Astronomy and Astrophysics for third consecutive year.

Iran's national team claimed five gold medals to top the rankings at the competition, which was held in Hanoi, Vietnam, with teams from 66 countries taking part.

Pezeshkian congrats astronomy Olympiad team on world title



President Masoud Pezeshkian has congratulated Iran's national astronomy and astrophysics team for winning the world championship title for the third consecutive year.

He highlighted the importance of providing greater support for talented students and ensuring equal opportunities for their

growth, while congratulating the students, their families, coaches, and professors on their achievements.

Iran has restored about 40% of production capacity damaged at the giant South Pars gas field following repeated US-Israeli attacks



As Tehran accelerates reconstruction and expands domestic refining capacity, Deputy Oil Minister for Planning Ahmad Zeraatkar says: "About 40% of the damaged capacity has now returned to service, and production in this part has resumed". Iranian energy workers have brought several damaged units back online ahead of schedule.

Iran's robotics claim team championship at WFC 2026



Iranian young innovators secured the team championship in the Prototype Challenge league at the World Future Championship (WFC) 2026 after sweeping the top spots in the competition, taking first, second, and third place.

The championship was held from October 2 to 4 at the Cyberjaya campus of Multimedia University (MMU) in Malaysia, bringing together robotics teams from different countries to compete in various categories.

Homegrown robots to enhance IRCS rescue operations in crises



Domestically made rescue robots make search and rescue missions faster and more accurate, lower risks, and enhance the safety of rescuers by collecting efficient data and helping rescuers identify potential threats before they enter dangerous zones. Equipped with cameras, thermal sensors, sound and gas detectors, robot rescuers will be used to assess and analyze the hazardous environment, locate survivors, and send pictures to operational teams, helping them to make the best decision for each scenario.

Iran's presence in world's top 2% of scientists nearly doubles



The number of Iranian researchers included in the world's top 2% of scientists has nearly doubled, rising from 1,154 in 2020 to 2,678 in 2026, according to Scopus data provided by Elsevier.

The majority of Iranian researchers are from 30 universities and scientific centers; the University of Tehran, with 123 researchers, is placed first. Followed by Tehran University of Medical Sciences (112), Shahid Beheshti University of Medical Sciences (75), and Iran University of Science and Technology (74).

Iran's space industry could open gateway to future energy and mineral resources: Official



Iran's space industry could become a strategic gateway to future energy and mineral resources, playing a growing role in managing quality of life and addressing major global challenges, Hassan Salarieh the head of Iran's Space Agency said on

Wednesday. He said fields such as artificial intelligence and biotechnology, would play a decisive role in energy, mineral resource use and productivity management.

Iran, Russia explore joint ventures in AI, cyber security



Iranian and Russian technology companies have examined joint investment, technology transfer and market expansion in advanced technologies, with artificial intelligence and cyber security emerging as key areas for deeper cooperation at a bilateral forum in Moscow. The event opened at the Mchta complex in Gorky Park, bringing together officials, diplomats and representatives of the two countries' public and private sectors.

Iran utilizes 'Khayyam' satellite imagery to update spatial data, equips 24 new GPS stations

The head of Iran's National Cartographic Center (NCC) has announced the integration of imagery from the Khayyam satellite with GPS and gravimetric data to update the country's spatial information, track land use, and monitor land

subsidence. The Khayyam satellite provides nationwide coverage. The Khayyam satellite was launched into orbit on August 9, 2022.



Iran on par with developed nations in nuclear science: AEOI chief



Iran has reached the level of developed countries in nuclear science and technology, producing domestically the equipment and systems needed by national industries, Vice President and Atomic Energy Organization of Iran (AEOI) Chief Mohammad Eslami said.

Trade & Economy

Hamid Bovard appointed as acting oil minister



Masoud Pezeshkian, in a decree, appointed Hamid Bovard as acting head of the ministry. Hamid Bovard, Acting Minister of Oil, was born in 1343 [1964–1965] and is one of the veteran managers of the oil industry. In Shahrivar 1403 [September 2024], he was appointed by the then Minister of Oil as Deputy Minister of Oil and CEO of the National Iranian Oil Company.

Iran, Belarus stress expanding monetary, banking cooperation



The 19th meeting of the Joint Committee for Economic Cooperation between the

Islamic Republic of Iran and the Republic of Belarus, held in Minsk with high-level delegations from both countries, focused on facilitating banking transactions and expanding financial cooperation.

Domestic breakthrough: South Pars Phase 11 reaches full 1 bcf/d output



Iran's South Pars Phase 11 has reached a major milestone, the project has achieved its nominal production ceiling of 1 billion cubic feet per day at offshore position B, relying on domestic expertise (Petropars Co.). Phase 11 is strategically sensitive because it lies on the maritime border in the Persian Gulf.

From Bazargan to Mersin: how Iran, Turkey plan to reach \$30b in trade



Iran and Turkey, aiming to increase trade to \$30 billion, are pursuing the development of the Bazargan border, the launch of a fourth crossing, strengthening rail and road transport, and establishing a joint Khoy–Van–Mersin free zone.

Developing border crossings, reducing truck stops, strengthening rail and road transport, using Turkish ports, and creating new trade routes have now become an important part of the two countries' plan to increase exchanges.

Iran's rail routes to secure transit interests of many states



Chairman of Tehran Chamber's Transport Commission Peyman Sanandaji says Iran's rail route is able to secure transit interests of regional states and geopolitical situation has turned its rail network into a connecting bridge between Central Asia and Caucasus and Pakistan.

"Regarding the current situation of the country's rail transit following the imposition of US sanctions on Iran's railway sector, the country's rail transport

capacity and service quality have been maintained" He said.

Iran's aviation sector remains fully operational despite US sanctions, threats: Official



Speaking at a press conference detailing the current state of the nation's airspace, Aboozar Shiroodi head of Iran's Civil Aviation Organization emphasized that the Iranian aviation sector is no stranger to economic warfare, having navigated the cutting edge of restrictive measures for the past 47 years. However, the reality on the ground demonstrates enduring resilience.

Iran ready for long-term partnership with Eurasian Economic Union: VP Aref



Iran is ready to play an active, constructive and responsible role alongside member

states of the Eurasian Economic Union (EAEU), First Vice President Mohammad Reza Aref said in a message to the EAEU Intergovernmental Council's meeting.

Aref said Iran was prepared to become an active, reliable and long-term partner in expanding economic and regional cooperation with the bloc. His message was delivered in Minsk by Iran's ambassador to Belarus, Mohsen Omid-Zamani.

New horizons open for Iran-Afghanistan economic co-op during Iran's trade delegation's trip to Kabul



During the trip of a trade delegation from the Iran Chamber of Commerce, Industries, Mines and Agriculture (ICCIMA) to Kabul, the capacities for Iran-Afghanistan cooperation in mining and mineral industries, agriculture and conversion industries, technology transfer, and the creation of production and processing chains were examined.

New investment opportunities reviewed in meeting between Yazd entrepreneurs, South Korean ambassador



The meeting of the entrepreneurs of Yazd Province with the South Korean Ambassador was held at the Yazd Chamber of Commerce, Industries, Mines, and Agriculture, with the aim of developing economic diplomacy and expanding trade relations. In the meeting, the Chairman of the Yazd Chamber said: "Yazd Province has good opportunities for investment in various sectors."

Iran-FAO cooperation deepens despite Western pressure: Envoy



Iran's cooperation with the United Nations Food and Agriculture Organization (FAO) continues to expand despite Western sanctions and political pressure, with the organization ready to help strengthen the country's food security, Ali Kiani-Rad Iran's permanent representative to the agency says. He said pressure from hostile countries had never prompted FAO to reduce its cooperation with Iran.

CNG consumption increases by 12%



The CEO of the National Iranian Oil Refining and Distribution Company, regarding the impact of implementing the third-tier gasoline rate on the fuel consumption pattern, said: The implementation of this plan has had two effects; in the CNG sector, we have witnessed about a 12% growth in consumption, and the willingness to use this fuel, especially in public transportation and online platforms, has increased.

Tehran showcases urban market management, food security expertise to foreign delegations



Tehran Municipality's first program in the series of specialized visits "Introducing Tehran's Urban Management Capabilities," focusing on urban markets, logistics, and food security, was held in cooperation with the Economic Cooperation Organization (ECO) and the Asian Mayors Forum (AMF) with participation of foreign countries.

International Shiraz Expo opens with 343 foreign guests from 13 countries



The opening ceremony of the second International Shiraz Expo was held on Sunday, October 11 and continued until October 17. Seyyed Reza Salehi Amiri, Minister of Cultural Heritage, Tourism and Handicrafts were present in opening ceremony. The exhibition is being held over 20,000 square meters of exhibition space, with more than 200 domestic companies and 343 foreign guests.

Iran's engineering evolution: Mining beyond 300 meters



Iran's mining industry is preparing to cross a significant engineering threshold, as Chadormalu Mining and Industrial Company moves towards underground extraction of iron ore deposits located more than 300 meters below the surface. Iran's diversity of mineral deposits provides potential demand across multiple industries, allowing manufacturers and contractors to develop products.



Iran Sports

Iran shines brighter in Nagoya with 19 gold medals



Iran's delegation (304 athletes across 38 sports) concluded its campaign at the 20th Asian Games in Aichi-Nagoya with an improved gold-medal tally compared with the previous edition in Hangzhou. The Nagoya Asian Games came to an end with Iran finishing sixth in the overall medal standings after winning 19 gold, 18 silver and 15 bronze medals for a total of 52 medals.

Officials laud Iranian athletes performance in Asian games



Different Iranian officials have praised the Iranian sports delegation's performance at the 2026 Asian Games in Nagoya. Iran's President Masoud Pezeshkian, Parliament Speaker Mohammad Bagher Qalibaf, First Vice President Mohammad Reza Aref,

congratulated Iranian athletes on winning 52 medals at the 2026 Asian Games in Nagoya. Pezeshkian also praised the achievements of female athletes at 2026 Asian Games in Nagoya. Foreign Minister Abbas Araghchi praised the national volleyball team for retaining its Asian Games title.

Iran beat Japan to win fourth straight Asian Games volleyball gold



Iran's men's volleyball team beat hosts Japan 3-1 in the final of the 2026 Asian Games in Nagoya to win the gold medal for a fourth consecutive edition. Iran had defeated Kyrgyzstan, Thailand and Indonesia south Korea and Pakistan on its way to the final.

Iran to send 29 athletes to 2026 Youth Olympics



Iran will compete with a 29-athlete delegation across 14 sports at the fourth edition of the Youth Olympic Games, set to take place in Dakar, Senegal, from Oct. 31 to Nov. 13, following a four-year postponement. The 13-day event will mark the first time the Youth Olympic Games are held on the African continent, with athletes competing across 25 sports for medals.

Faraji and Yari named Iran's flag-bearers: 2026 YOC

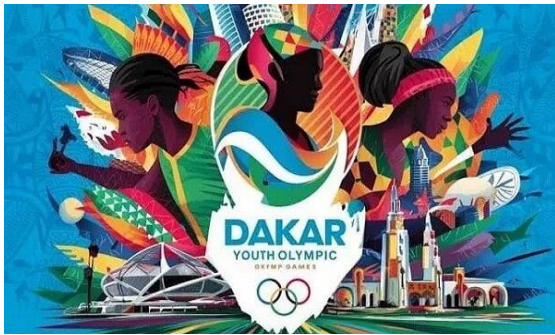


Table tennis champion Benyamin Faraji and national futsal player Hadis Yari have been selected as Iran's flag-bearers for the Dakar 2026 Youth Olympic Games.

Iran sports minister visits Armenian football academy, urges enhanced cooperation



Iran's Minister of Sports and Youth Ahmad Donyamali during his first official program in Armenia, has visited the Avan in Yerevan, highlighting the potential for establishing direct cooperation between the complex and Iran's National Football Center. Donyamali accompanied by Armenian Deputy Minister of Education, Science, Culture, and Sports Arkady Papoyan, and Iran's Ambassador to Yerevan Khalil Shirgholami.

Iran sitting volleyball target historic fifth consecutive Asian Para Games gold



Iran's men's sitting volleyball team will head into the upcoming Asian Para Games in Nagoya with a clear objective: extend their remarkable dominance and capture a fifth consecutive gold medal at the continental multi-sport event.

With an impressive championship record, a squad featuring some of the world's most recognizable sitting volleyball stars, and a proud tradition of success, Iran will once again be among the leading contenders for the title.

Society & Culture

Tehran to host 7th Iran Smart City Exhibition and Conference



The seventh Iran Smart City Exhibition and Conference is set to open in Tehran on October 31, coinciding with World Cities Day, bringing together stakeholders and experts in the field of smart urban development. The three-day event will continue through November 2.

This year's conference focuses on artificial intelligence (AI) in urban management, AI in urban security and crisis management, AI in citizen health and well-being, AI-driven governance and smart economy, AI in environment and sustainable energy, citizens' participation and smart public services.

Nominees for Rasoul Prize announced



The shortlist for the second edition of the Rasul Medal was recently released. The winners are to be announced in November and honored at a ceremony in December.

The shortlist for the second edition of the Rasul Medal was recently released, revealing four finalists selected in Engineering Sciences, four in Mathematics, four in Computer Science, eight in Life and Medical Science and Technology, two in Chemistry, and two in Physics. According to the Scientific Committee of the Rasul Medal, previously known as the Young Scientist Medal, the initial list of nominees included more than 100,000 candidates across seven categories.

Pezeshkian calls for greater police focus on prevention and new technologies



President Masoud Pezeshkian has called for greater police focus on prevention, new technologies, and stronger ties with the public to help ensure lasting security.

Pezeshkian described the martyrdom of more than 500 police personnel in the two recent wars as a testament to the force's sacrifice and sense of responsibility,

stressing that their memory will endure as a symbol of defending the country's security.

Pezeshkian urges Caspian states to unite on long-term environmental protection plan



Iranian President Masoud Pezeshkian has proposed developing and implementing a long-term regional plan under the Tehran Convention to address the declining water level of the Caspian Sea.

Speaking at an extraordinary summit of Caspian littoral states in Turkmenistan on Friday, Pezeshkian said environmental cooperation could serve as an important platform for building trust and strengthening regional convergence at a time when the world is grappling with multiple crises, geopolitical rivalries, wars, unilateral sanctions, and the weakening of multilateralism. Iran believes that the first principle in addressing the crisis should be reliance on science, shared data, and regional cooperation, Pezeshkian said.

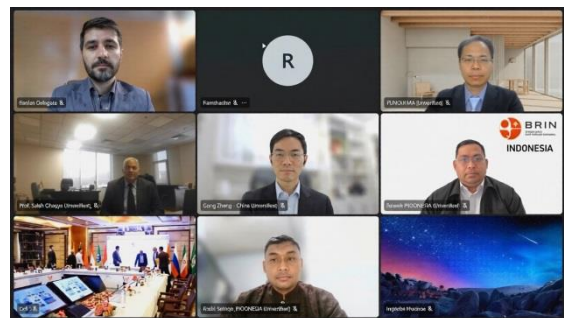
Martyr Leader's "Cell No. 14" published in Armenian



The Armenian translation of the book "Cell No. 14," which is the autobiographical memoir of the martyred Leader of the Islamic Revolution Ayatollah Seyyed Ali Khamenei was unveiled at the Faculty of Oriental Studies of Yerevan State University in Armenia on Friday.

Translated by Maryam Zazian, an Iranologist and translator, the book recounts Ayatollah Khamenei's memoirs from his years of struggle and imprisonment before the victory of the 1979 Islamic Revolution in Iran.

Iran proposes BRICS intl. network of photonics labs



Iran has proposed the establishment of an international network of photonics laboratories among BRICS member states to strengthen scientific cooperation and facilitate access to advanced research infrastructure.

Vahid Jan-Nesari, an official with the Headquarters for Science, Technology, and Knowledge-Based Economy, presented the proposal during the sixth meeting of the Photonics Working Group, held online from October 3 to 6 in Bengaluru, India.

Iran's Red Crescent rescued 7,250 people from rubble during two wars: Director



The Iranian Red Crescent Society rescued 7,250 people from beneath the rubble during the 12-day war and the Ramadan war, says Pir Hossein Kolivand, the president of the IRCS.

Speaking at a ceremony, Kolivand described the challenges facing rescue teams during the wars, saying search and rescue operations involved extremely difficult conditions and painful moments.

Kolivand also said reports and documents concerning violations of international humanitarian law had been sent to international organizations on a daily basis to ensure the incidents could be pursued through legal and international channels.

Farhadi blasts Hollywood's 'savior complex', media framing of Iran at Rio Film Festival



Two-time Academy Award-winning Iranian director Asghar Farhadi criticized Hollywood's portrayal of other nations, the mainstream media's framing of Iran, and the overarching "arrogance" of US cinema during an appearance at the Rio de Janeiro International Film Festival.

Majidi dedicates Busan premiere of "Midday Meal" to martyred children of Minab, brave people of Iran



Majid Majidi's latest film "Midday Meal" premiered at the 31st Busan International Film Festival (BIFF), and the director dedicated it to the brave people of Iran and the martyred children of Minab.

A production of 2026, the 133-minute family social drama, which deals with children and human rights, marks Majidi's first visit to the festival. The 31st Busan International Film Festival will run until October 15.

Mustafa Prize laureate donates award money to support young scientists



Turkish Professor Mehmet Toner, a 2025 laureate of the Mustafa Prize, has pledged his share of the prize money to support the development of the Rasul Medal and provide research grants for young scientists.

Toner was named one of three laureates of the Mustafa Prize in 2025. Under the prize's regulations, the \$500,000 cash award was divided among the three recipients.

The Rasul Medal is presented alongside the Mustafa Prize to young scientists from the Islamic world under the age of 40.

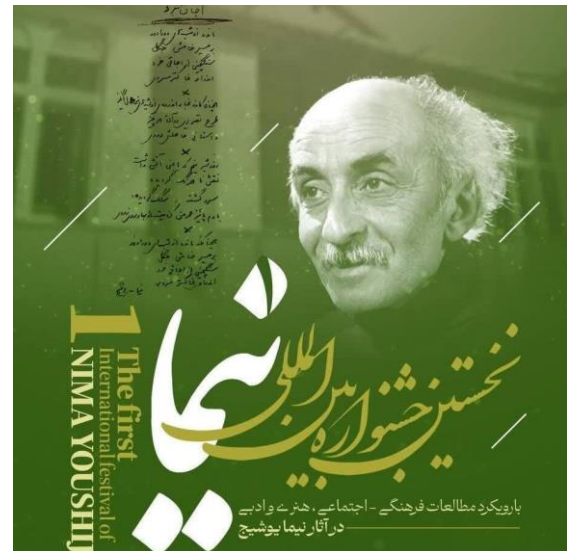
Iraqi students taking Persian Language Proficiency Test more than triple



A total of 268 Iraqi students have taken the Persian Language Proficiency Test at six

centers across Iraq, marking a more than threefold increase from the 78 participants recorded last year. The Persian Language Proficiency Test is held three times a year both in Iran and in the countries that have Persian Language chairs. According to the Seventh National Development Plan (2023-2028), the country is projected to increase the number of international students to 320,000 from currently around 60,000.

Poster of first International Festival of Nima Yushij unveiled



The poster for the International Festival of Nima Youshij, dedicated to cultural, artistic, and literary studies, has been unveiled ahead of the event, set to take place November 17–19 at the University of Mazandaran in northern Iran. The First International Nima Youshij Festival is being held with a focus on cultural, artistic, and literary studies in the works of Nima Youshij, the father of modern Persian poetry.

Tourism & Nature

Gahar Lake registered as Iran's 28th wetland of international importance



Gahar, an ecologically significant freshwater lake located in western Lorestan province, has been registered in the Ramsar Convention as Iran's 28th wetland of international importance.

Situated at an elevation of 2,360 meters within the mountainous Oshtorankuh Protected Area, the Lake is in fact made up of two smaller lakes that are situated within 100 meters of each other, named the Upper Gahar and the Lower Gahar.

Commemoration of World Tourism Day and Tehran Week



A ceremony to commemorate the World Tourism Day (WTD) and Tehran Week was held at Art Garden, Abbasabad Tourism and Cultural Region with the participation of Cultural Heritage, Tourism and Handicrafts minister.

Iran, Pakistan to expand tourism cooperation



Iran's Minister of Cultural Heritage, Tourism and Handicrafts, Reza Salehi Amiri in a meeting with Pakistan's Ambassador to Iran Syed Imran Ahmed Siddiqui, has proposed drawing up a five-year roadmap to expand cultural and tourism cooperation with Pakistan. He said the two countries should move beyond temporary arrangements and develop a practical, long-term framework for cooperation in culture and tourism.

Shams Tabrizi mausoleum opens in Khoy after 20-year wait



The mausoleum of Shams Tabrizi in Khoy, West Azarbaijan province, has officially opened after two decades of anticipation, marking a new step in efforts to promote Iran's Sufi heritage and cultural tourism.

The inauguration ceremony was attended by Minister of Cultural Heritage, Tourism and Handicrafts Seyyed Reza Salehi-Amiri, West Azarbaijan Governor Reza Rahmani, and a number of national, provincial and foreign dignitaries on Wednesday, October 7.

Tehran tourism needs coordinated policies, not more infrastructure: council member



Tehran's main tourism challenge is not a shortage of infrastructure but fragmented policymaking and limited public awareness of the capital's existing attractions, Seyyed

Ahmad Alavi, head of the Tehran City Council's Tourism and Cultural Heritage Committee, said.

Alavi said responsibility for tourism and leisure facilities had been divided among several municipal organizations, resulting in separate decision-making processes and a lack of integrated planning.

Cultural officials reject Rubio's remarks on Persian history at Athens' Acropolis



Joining Iranian political officials, several senior cultural figures, including the tourism minister, the head of the Iranology Foundation and the director-general of the National Museum of Iran, have criticized US Secretary of State Marco Rubio's remarks on ancient Persian history, saying historical civilizations should not be used to justify political hostility or threats of war.

In a statement issued, Salehi-Amiri said a nation's identity could not be reduced to a single war, king or government, describing Iran as one of the world's oldest continuous civilizations and a major contributor to the development of culture, knowledge, social order and coexistence. "Iran cannot be defined by one war, one king or one government," he said.



Persian Cuisine



Khoresh Gheymeh Bademjan Recipe (Persian Eggplant Stew)

What is Khoresh Bademjan?

Khoresh bademjoon, or khoresh-e bademjan, is one of the famous Iranian stews that you should serve with rice. Iranian eggplant stew is made from eggplant, meat (or chicken), tomatoes, tomato paste, and spices, along with Persian rice.



Khoresh e bademjan is one of the authentic Iranian stews that satisfies lovers of oily and thick foods well, and also because of the eggplant.

It has a unique taste with a different aroma and smell compared to other stews, but it is made similarly to khoresh gheymeh. This food is also cooked with mutton, veal, chicken, and turkey.

Preparing a delicious eggplant stew is very easy and does not require advanced cooking

skills, but because this stew relies on gentle reduction to become thick, it needs to be cooked over gentle heat for a long time to develop properly..



History of Khoresh Bademjan

It has a long legacy in Persian cuisine. Several of the oldest surviving Arabic language cookbooks, which contain a slew of Persianized dishes, document the existence of meat braises with eggplant in the royal cuisine of ninth-century Iran.



Those early versions differ a bit from contemporary Khoresh Bademjan recipes in that they were flavored with vinegar instead of tomato. That's because tomatoes

were not introduced into Iran until sometime in the 19th century CE. (The literal translation of the Persian word for tomato, *gojeh-farangi*, is “foreign plum.”) Since then, tomatoes have found their way into a large number of Persian dishes.



How to Serve Khoresh Bademjan

Like practically all other Persian *khoreshes*, *Khoresh Bademjan* is best served as a main dish accompanied by a plain rice dish such as the *chelow* (Persian steamed white rice), along with a few pieces of crunchy *tahdig*. It is normally transferred to a large dish and served family-style; some Persian home cooks garnish their *Khoresh Bademjan* with a couple of lightly seared tomato halves as well.



Ingredients

300 gram lamb or beef

1 onion

1 cup yellow split peas

3 eggplants

2 tablespoons tomato paste

5 dried lime

0.5 teaspoon ground cinnamon

0.5 teaspoon turmeric

0.25 teaspoon black pepper

salt

oil

water



Directions

Step 1

Prepare the eggplants: Peel and slice the eggplants lengthwise. Sprinkle with salt and let them sit for 30 minutes to remove bitterness. Rinse, dry, and fry them in oil until golden. Set aside.

Step 2

Cook the meat: In a large pot, sauté the chopped onion in oil until golden. Add turmeric and mix. Add the diced meat and brown on all sides.

Step 3

Add split peas: Rinse the yellow split peas and add them to the pot. Stir for a few minutes, then add tomato paste and mix well.



Step 4

Simmer: Add enough water to cover the ingredients. Bring to a boil, then reduce the heat to low. Add pierced dried limes, cinnamon, black pepper, and salt. Cover and simmer for about 1.5 hours or until meat and peas are tender.

Step 5

Add eggplants: Gently place the fried eggplants on top of the stew. Cover and cook for another 15–20 minutes on low heat.

Step 6

Serve: Serve hot with Persian saffron rice (chelow). Optionally, garnish with crispy French fries on top.

Notes

I prefer to use slender, purple-hued eggplant. Thin eggplants labeled as Japanese eggplant or Chinese eggplant will both work well in this recipe. You may substitute fatter round eggplants such as globe eggplant; if using this type, slice them into 1-inch-thick (2cm) disks for frying.



If you own an electric griddle, you can use it to fry the eggplant slices. With its large surface area, the griddle allows you to fry in fewer batches than a cast-iron pan, and I have found that it uses less oil and gives results that are just as good.



All braising times given above are sufficient to result in a well “ja-oftādeh” (integrated) authentic Khoresh Bademjan. However, with this dish, you won’t go wrong if you let it simmer, covered, over very low heat, for another 30 minutes or more; it will simply get more flavorful.

Iranian Mountain Ram

The Shiraz Urial—a hybrid of the Armenian and Larestan rams—inhabits the highlands and rocky terrain of Fars Province, particularly Bamu National Park northeast of Shiraz. As key herbivorous mammals, wild rams play a vital, structural role in maintaining the ecological balance of mountainous habitats and hilly landscapes. The loss or decline of these populations could lead to the collapse of food chains and alter the region's vegetation. Wild rams serve as a crucial link in the transfer of energy from primary producers (plants) to secondary consumers (carnivores).



